

October 2026 Menu



Breakfast every day offers the choice of 3 different cold cereals. All grains offered at breakfast and lunch are whole grain rich. A variety of low fat and fat free milks are offered with breakfast and lunch. The Garden bar is offered to K-12 Students daily. Which includes a variety of fresh vegetables and fruit for the students to choose from.

Monday	Tuesday	Wednesday	Thursday	Friday
1% White or flavored milk served daily This institution is an equal opportunity provider			1 Fruit & Yogurt Parfait Ham & Cheese Sliders Green Beans Fruit	2 Breakfast Pizza Chicken Nuggets Mashed Potatoes & Gravy Fruit Biscuit
5 Muffins Mini Corndogs Carrots Fruit	6 Breakfast Burritos Chicken Fajita Bowls Black Bean & Corn Salsa Fruit	7 Blueberry Bagels Pulled Pork Corn Fruit	8 Scrambled Eggs & Toast Cheese Stuffed Breadsticks With Marinara Peas Fruit	9 No School
12 Cini-Minis Beef Ranchero Tornadoes Refried Beans Fruit	13 Biscuits, Sausage & Gravy Chicken Parmesan Sandwich Mixed Vegetables Fruit	14 Oatmeal Fish Sticks Fries Fruit Breadstick	15 Bacon, Egg & Cheese Muffin Salisbury Steak Mashed Potatoes & Gravy Fruit Roll	16 Cherry Turnovers Pepperoni Pizza or Chicken Bacon Ranch Pizza Baby Carrots Fruit
National School Lunch Week				
19 Pancake on a stick Breaded Pork Sandwich Cucumber & Tomato Salad Fruit	20 Scrambled Eggs, Hashbrowns & Toast Beef Enchilada Bake Black Beans Fruit	21 Breakfast Tornadoes Chicken Potstickers Vegetable Fried Rice Fruit	22 Donut Holes Mozzarella Sticks with Marinara Green Beans Fruit	23 Breakfast Taco Boneless Wings Corn Fruit Biscuit
26 Muffins & Bacon Cheese Burger Fries Fruit	27 Breakfast Egg Rolls Chicken Tacos Cowboy Beans Fruit	28 Fruit & Yogurt Parfait Spaghetti & Meatballs Broccoli Fruit Garlic Bread	29 Egg Bites Chicken Tenders Green Beans Fruit Roll	30 Ghostly Griddle Cakes Mummy Dogs Toxic Sludge Mac & Cheese Blood Oranges Happy Halloween!

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